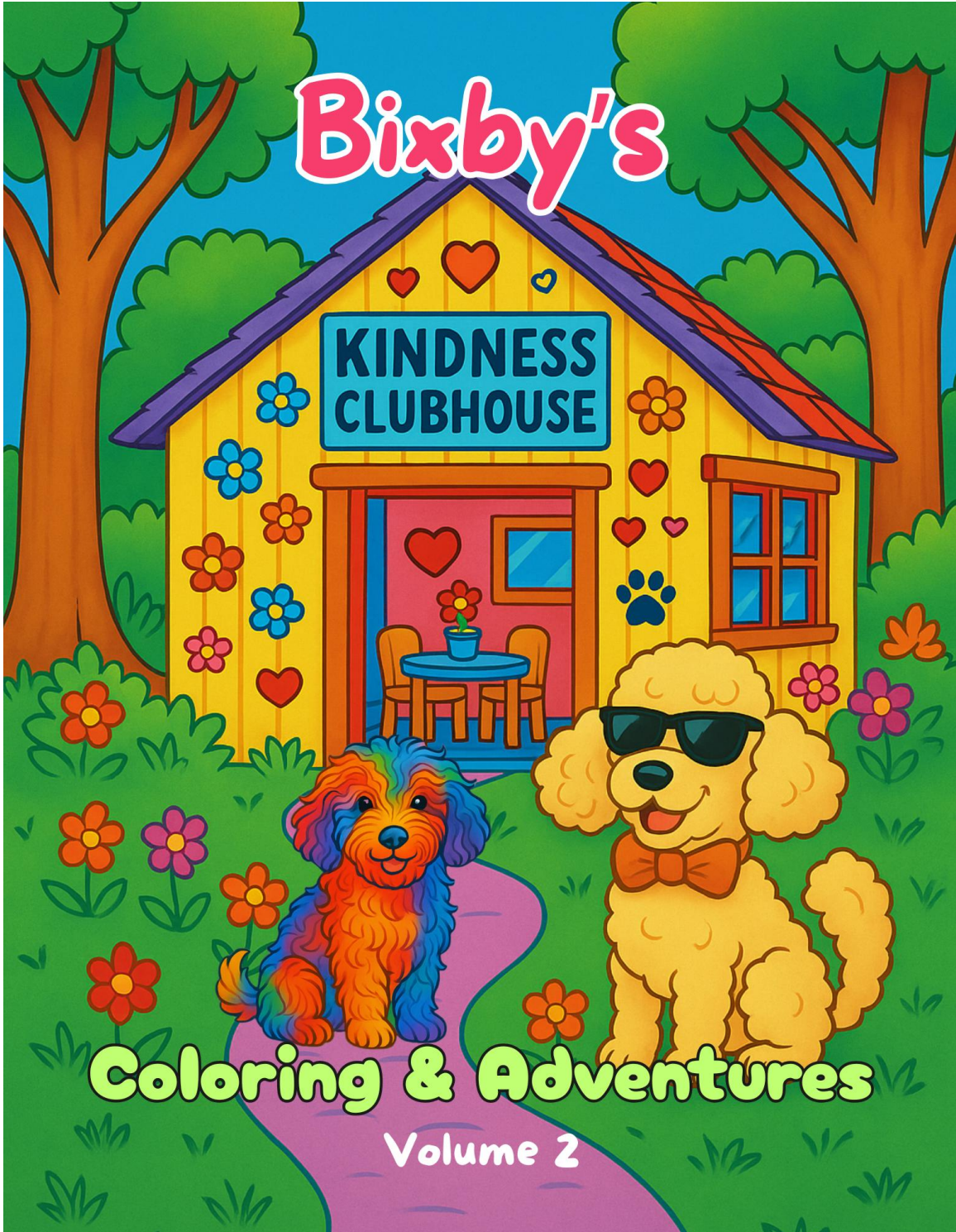


INSTRUCTOR MANUAL





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INTRODUCTION

Welcome to the Instructor Manual for *Bixby’s Kindness Clubhouse Coloring & Adventures, Volume 2*.

This guide equips educators, counselors, group leaders, and parents with everything needed to bring each Top-Secret Mission to life—combining joy, creativity, and purposeful alignment with CASEL Social Emotional Learning (SEL) and Transformative SEL (T-SEL) standards. Each mission strengthens core competencies through engaging coloring activities and creative personal development challenges tailored to meet children where they are.

The program begins with students reciting and signing *The Kindness Clubhouse Pledge* and receiving the honorary title of *Pawsitivity Director*. With their pledge accepted, they embark on a series of missions, each focusing on different values.

Every mission includes:

- 1) A personal growth activity for the students own development.
- 2) A kindness action directed toward someone else.
- 3) A creative reflection. A drawing or written entry on the “My Mission Journal” pages that is inspired by a prompt tied to the missions core values.

Each mission is supported by a detailed lesson plan that outlines learning objective, step-by-step facilitation, SEL and T-SEL competency alignment, and adaptations for various grade levels.

Through a blend of reflective journaling, group discussion, and values-based activities that are both lighthearted and meaningful, Bixby inspires children to grow into compassionate, confident, and socially responsible individuals. Whether used in a classroom, club, camp, or at a kitchen table, Bixby’s books help children embody emotional intelligence, empathy, and courage—one *paw-some* mission at a time.

SOCIAL EMOTIONAL LEARNING COMPETENCIES



Bixby's Kindness Clubhouse missions are designed to help children grow into compassionate, confident, and socially responsible individuals. The program aligns with the five core competencies identified by CASEL (Collaborative for Academic, Social, and Emotional Learning), a widely recognized framework implemented in various forms across the United States and in educational settings worldwide.

Many states and school systems have formally integrated these competencies into their academic standards, while others weave them into local curricula or character education initiatives. Regardless of approach, these skills prepare children to succeed academically, build healthy relationships, and make meaningful contributions to their communities.

Bixby's Kindness Clubhouse offers a playful yet structured way to nurture these competencies through creative missions, collaborative activities, and guided reflection—making it a versatile resource for classrooms, after-school programs, community organizations, and family learning at home.

SEL COMPETENCIES

Self-Awareness

Recognizing and understanding one's own emotions, thoughts, and values is foundational for understanding how one's actions impact others.

Self-Management

The ability to manage emotions, thoughts, and behaviors effectively in different situations, including impulse control and stress management, which are vital for positive interactions.

Social Awareness

Showing understanding and empathy for others, including those from diverse backgrounds. This involves recognizing social norms, understanding others perspectives, and demonstrating compassion and gratitude, and directly relates to kindness and respect.

Relationship Skills

The ability to establish and maintain healthy and rewarding relationships to communicate clearly, listen actively, cooperate, negotiate conflict constructively, and seek/offer help. These are direct measures of civility and positive social interaction.

Responsible Decision-Making

Making constructive choices based on ethical standards, safety concerns, and social norms, and considering the well-being of self and others. This involves analyzing consequences and reflecting on ones role in promoting community well-being, which inherently supports respectful and kind actions.

T-SEL COMPETENCIES

Identity

Developing a strong, multifaceted sense of self that remains resilient in the face of adversity.

Agency

Empowering children to take action and shape their own learning and lives.

Belonging

Fostering genuine inclusiveness and acceptance within a community.

Collaborative Problem-Solving

Building skills to co-create solutions by sharing ideas, listening to others, and working together equitably.

Curiosity

Encouraging open-minded exploration and respect for different perspectives in problem-solving

MISSIONS AT A GLANCE

Mission Title	Core Values	Key Activities & Challenges	SEL Focus Areas	T-SEL Focus Areas
Respect Ranger	Respect, Fairness, Kindness	Use polite words, respect others' space/opinions, journal about someone you respect	Social Awareness, Relationship Skills, Responsible Decision-Making	Agency, Belonging, Collaborative Problem-Solving
Sprinkle Sparkles	Kindness, Compassion, Empathy	Do something kind for yourself, show compassion to someone else, journal about kindness	Self-Awareness, Social Awareness, Relationship Skills	Agency, Belonging, Collaborative Problem-Solving
Truth-Teller	Honesty, Integrity, Courage	Tell the truth (even if tricky), encourage honesty in others, journal a Truth-Teller comic	Self-Awareness, Relationship Skills, Responsible Decision-Making	Agency, Belonging, Collaborative Problem-Solving
Responsibility Rockstar	Responsibility, Initiative, Teamwork	Complete a task without reminders, help someone else, journal a superhero To-Do List	Self-Management, Relationship Skills, Responsible Decision-Making	Agency, Belonging, Collaborative Problem-Solving
Gratitude Guardian	Gratitude, Appreciation, Joy	Do something that makes you smile, say thank you 3x, journal 5 things you're grateful for	Self-Awareness, Social Awareness, Responsible Decision-Making	Agency, Belonging, Collaborative Problem-Solving
Courage Commander	Courage, Bravery, Encouragement	Do something that makes you nervous, cheer on a friend, design your Courage Cape	Self-Awareness, Social Awareness, Responsible Decision-Making	Agency, Belonging, Collaborative Problem-Solving
Patience Pro	Patience, Calm, Respect	Practice pause power, show patience with others, journal about patience with fun imagery	Self-Management, Social Awareness, Relationship Skills	Agency, Belonging, Collaborative Problem-Solving
Generosity Genius	Generosity, Sharing, Kindness	Share something meaningful, help without expecting return, journal about receiving kindness	Social Awareness, Relationship Skills, Responsible Decision-Making	Agency, Belonging, Collaborative Problem-Solving
Integrity Investigator	Integrity, Fairness, Courage	Make a good choice when no one is watching, stand up for someone, journal an integrity story	Self-Awareness, Relationship Skills, Responsible Decision-Making	Agency, Belonging, Collaborative Problem-Solving
Perseverance Powerhouse	Perseverance, Determination, Support	Stick with a tricky task, be a cheerleader for someone else, journal smashing the Wall of Can't	Self-Management, Social Awareness, Relationship Skills, Responsible Decision-Making	Agency, Belonging, Collaborative Problem-Solving

MISSION TIMING & LESSON PLAN ACTIVITIES

<u>TIME</u>	<u>ACTIVITY</u>
5 minutes	Warm-Up Activity Begin with a dance, song, or other physical activity to burn off some energy, rev up their brains, and get students ready to listen and engage in the mission.
15 minutes	Mission Briefing 1) Read aloud and then sign the Kindness Clubhouse Pledge. 2) Read the Mission Challenge aloud. 3) Ask and discuss a Conversation Starter question related to the specific value(s) in the mission.
20 minutes	Creative Time Color the mission image.
20 minutes	My Mission Journal Time Ask students to draw a picture or write a story in their Mission Journal that is related to the mission. NOTE: This activity could be on another day to give the students time to complete Task 2. Then their journal entry could reflect how their kindness made others feel and/or how it felt to be kind.
10 minutes	Group Share & Reflection Invite students to share their feelings and insights about the mission.
10 minutes	Badge Ceremony Create a celebratory badge award ceremony!
5 minutes	Take Away Assignment Ask students to share joy by giving compliments to their family, friends, and people in their community.

RESPECT RANGERS

VALUES

Respect, Fairness, Peacekeeping

LEARNING OBJECTIVES

- ◆ Students understand the importance of respecting others' words, space, and belongings.
- ◆ Students practice fairness by taking turns and listening to different opinions.
- ◆ Students demonstrate respectful communication using polite "magic words."
- ◆ Students reflect on people in their lives who model respect.

CONVERSATION STARTERS

- ◆ Why is it important to respect someone's space and voice?
- ◆ How do you feel when someone interrupts you or cuts in line?
- ◆ What changes when everyone in a group shows respect?

GROUP REFLECTION QUESTIONS

- ◆ What did we notice about respect today?
- ◆ How did it feel to be a Respect Ranger?
- ◆ How can we keep respect alive in our classroom and at home?

TAKE HOME IDEAS FOR FAMILIES

- | | |
|---------------------------|--|
| Mini-Mission | Host a "Respect Dinner" where each family member thanks another for something. |
| Conversation Cards | Have students create cards with "What does respect look like in our family?" |
| Kindness Challenge | Practice respecting shared spaces by cleaning up together. |

SEL ALIGNMENT

Social Awareness

Students practice empathy and cultural humility by respecting others' feelings, space, and perspectives.

Relationship Skills

Using polite language, fair play, and active listening builds cooperation and trust in peer interactions.

Responsible Decision-Making

Choosing respectful actions (like letting someone go first) strengthens ethical reasoning and community well-being.

T-SEL ALIGNMENT

Agency

Students recognize their power to choose respectful behaviors.

Belonging

Reinforces that every voice matters, helping all students feel included.

Collaborative Problem-Solving

Promotes fairness and respectful treatment of diverse peers in shared spaces.

Top Secret Mission



Operation Respect Ranger Case File XD0011

**** CONFIDENTIAL - FOR PAWSITIVE AGENTS ONLY ****

Salute, recruit! Today, you're joining the Respect Rangers—protectors of peace, fairness, and well-behaved snack lines! Your mission is to:

- 1) Use magic words like please, thank you, or excuse me at least three times today.
- 2) Respect someone's space, opinion, or turn—at school, home, or on the playground.
- 3) In your Mission Journal, draw or write about someone you respect and why.

When you've completed your mission, report to HQ (Code Name: Snack Drawer) and color in your Respect Ranger Badge.

Mission Respect Ranger complete!

Respect Ranger Badge

Awarded for showing the world how to play fair, speak kindly, and respect every voice (even the squeaky ones).





Reporting for duty!

We've got manners, matching fluff, and a strict "no tail-pulling" policy.